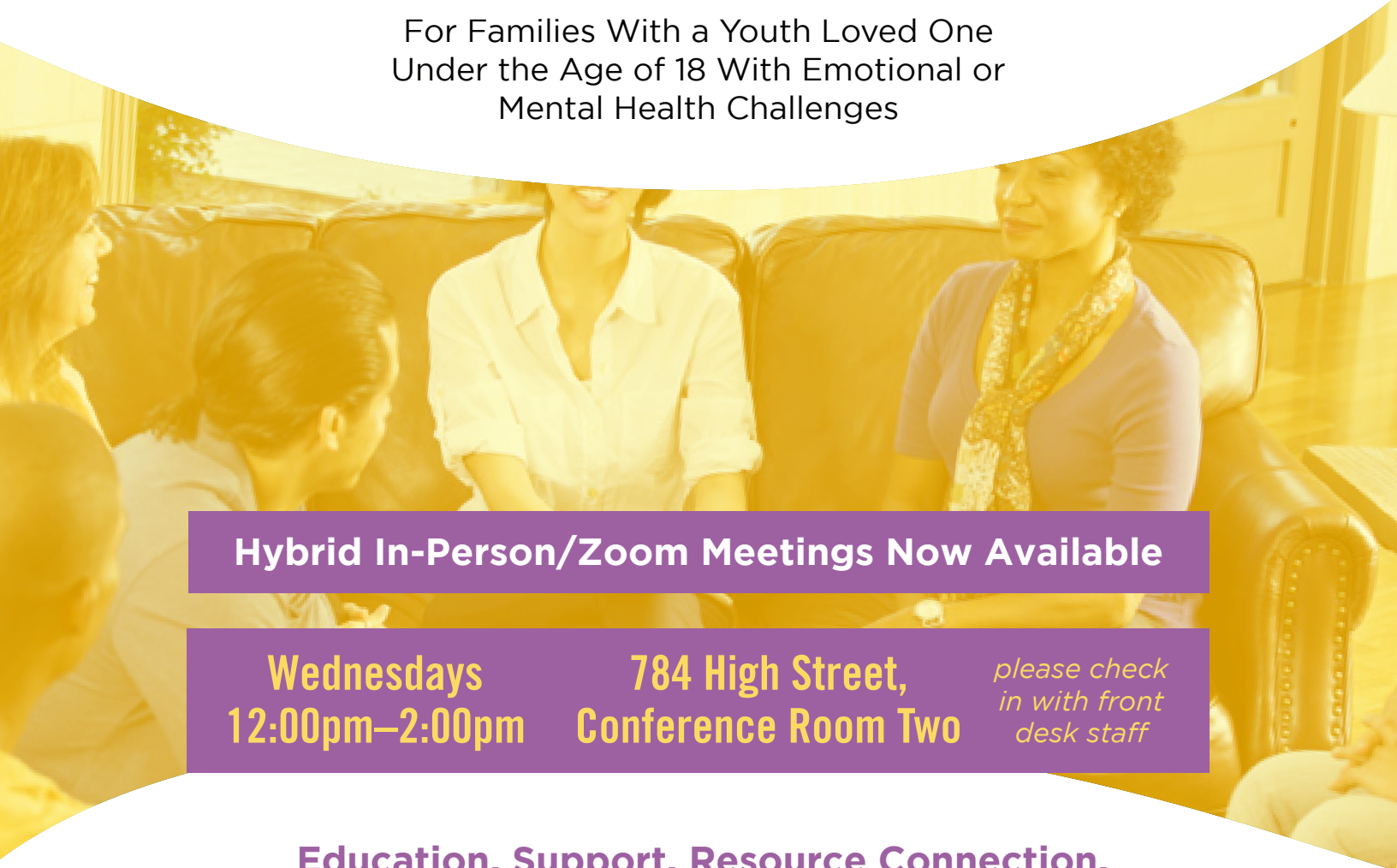




YOUTH SUPPORT GROUP



For Families With a Youth Loved One Under the Age of 18 With Emotional or Mental Health Challenges



Hybrid In-Person/Zoom Meetings Now Available

Wednesdays 12:00pm–2:00pm **784 High Street, Conference Room Two** *please check in with front desk staff*

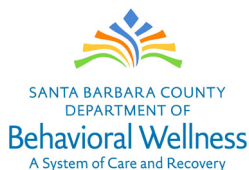
Education. Support. Resource Connection.

Our Family Support Program provides practical and emotional support along with helpful resources and coping tips to parents and caregivers of children who exhibit difficult social and emotional behaviors.



Registration required for Zoom link.

For more information about how to connect, please contact Gwen McNamara at (805) 458-2596 or gmcnamara@t-mha.org and visit www.t-mha.org/family-support.php



San Luis Obispo County